

## **DISTRACTING AND CURETTING INSTRUMENT**

5

### **Field of the Invention**

The present invention is directed to surgical devices and procedures. In particular, the invention provides instruments for curetting, bone distracting and removing tissue from a surgical site. In one embodiment, the invention is particularly advantageous for removing disc material from an intervertebral disc space.

10

### **Background of the Invention**

15

Surgical instruments and techniques are known for performing procedures at and around vertebral bodies, including the intervertebral disc space. Such techniques include, for example, intervertebral disc decompression, vertebral fusion, etc. Often times such procedures include removing some or all of the disc material between vertebrae. Many known systems for removing disc material require multiple instruments or multiple steps for cutting the material to be removed, curetting the surfaces surrounding the disc material and removing the cut or curetted material from the disc space. The need for multiple instruments or multiple steps reduces surgical efficiency and can increase the overall time spent performing the procedure.

20

Accordingly, there is a continuing need for instrumentation and methods which reduce the time and steps needed to perform cutting, curetting and/or removal procedures in surgery. The present invention is directed to addressing this need.

## Summary of the Invention

The present invention provides instrumentation and methods for cutting, curetting and/or removing material from a surgical site. The invention also provides for distracting vertebrae that are adjacent an intervertebral disc space.

5 In one embodiment, the invention provides a surgical instrument having a proximal end spaced apart from a distal end along a shaft having a longitudinal axis passing therethrough. At the proximal end, the instrument includes a handle for operating the device. At the distal end, the instrument includes a working head including a blade for cutting, a distracting dimension for distracting and, in some embodiments, a  
10 collecting element to collect cut material and facilitate removal of the cut material from the surgical site.

In a typical embodiment the blade of the working head includes a leading and a trailing end and has a serpentinoid or "S" shaped configuration. A first cutting surface extends along a first edge from the leading end to the trailing end of the blade and a  
15 second cutting surface extends from the leading end to the trailing end along a second edge of the blade. If present, the collecting element is arranged to overlie some or all of the serpentinoid configuration at the leading end of the head. In addition, the working head can have a height dimension, width dimension and a diagonal dimension such that the diagonal dimension is greater than the height dimension which is greater than the  
20 width dimension.

In use, rotation of the working head of the instrument around a longitudinal axis in a first direction provides for cutting and/or curetting materials surrounding the blade. The cutting surfaces are configured and arranged in such a manner that when rotated in

an opposite direction the cutting edges are not oriented for cutting material surrounding the blade. In addition, when positioned in an intervertebral disc space having a disc height less than the diagonal dimension of the working head, rotation of the instrument provides for distraction of the vertebrae adjacent to the disc space when the diagonal dimension of the blade is oriented at or near parallel with the longitudinal axis of the spinal column. The instruments of the invention can be particularly advantageous for use in cutting and/or curetting material from an intervertebral disc space.

### **Brief Description of the Drawings**

FIG. 1 is a side view of a preferred embodiment of a surgical instrument according to the invention;

FIG. 2 is a side view of the surgical instrument of FIG. 1 rotated 90 degrees around axis X-X;

FIG. 3 is a perspective view of the working end of the surgical instrument of

FIG. 1;

FIG. 4 is a transverse cross-section through line 4-4 of the surgical instrument of FIG. 1;

FIG. 5 is a distal end-on view of the surgical instrument of FIG. 1; and

FIG. 6 is a transverse cross-section through line 6-6 of the surgical instrument of

FIG. 1.

### Detailed Description

The invention is directed to surgical instruments for cutting, curetting and/or removing material from a surgical site. The instruments include a proximal end and distal end spaced apart along a shaft. A longitudinal axis X-X passes through the instruments from the proximal end to the distal end. A working head is present at the distal end and a handle for operating the instrument at the proximal end. A blade for cutting and curetting is located on the working head. The working head can also provide for distraction of vertebrae adjacent an intervertebral disc space. In some embodiments, the working head can also include a collecting element to facilitate removal of material from the surgical site.

In a preferred embodiment, the working head of the instrument includes a width dimension which is less than a height dimension which is less than a diagonal dimension. According to this embodiment, when the instrument is rotated around the longitudinal axis such that the diagonal dimension is oriented parallel to the long axis of the vertebral column, the vertebrae can be distracted and will be spaced apart from each other by a distance determined by the diagonal dimension of the working head.

Throughout the present description guidance may be provided through lists of examples. In each instance, the recited list serves only as a representative group. It is not meant, however, that the list is exclusive.

Unless otherwise stated, the terms "proximal" and "distal" are relative terms, the term "proximal" referring to a location nearest the operator of the disclosed instruments and the term "distal" referring to a location farthest from the operator. Thus, generally, when using an instrument of the invention for cutting and removing material from an

intervertebral disc space through an anterior approach, the instrument is advanced from the anterior surface of the vertebral body (proximal) towards the posterior surface (distal) of the vertebral body. Likewise, in a posterior approach, the instrument is advanced from the posterior surface "proximal" toward the anterior surface "distal" of the vertebral body.

- 5 Similar relative orientations also apply for lateral approaches to the vertebrae.

The "height" of the disc space is the dimension from the end plate of a superior vertebrae to the end plate of an inferior vertebrae adjacent to the disc space.

- The height, width and diagonal dimension of the working head of an instrument of the invention can vary. Kits will be available including multiple instruments of the invention each having incrementally sized height, width and diagonal dimensions suitable for use in a particular surgical area for a particular surgical procedure.
- 10

#### **Detailed Description of the Illustrated Embodiment**

- The invention will be described with reference to the accompanying drawings.
- 15 The illustrated embodiment and description are for exemplary purposes to facilitate comprehension of the invention and should not be construed to limit the scope of the invention.

- FIG. 1 is a side view of one embodiment of a surgical instrument 10 according to the invention. As illustrated, surgical instrument 10 has a proximal end 1 and a distal end 2 spaced along a longitudinal shaft 3. The proximal end 1 of surgical instrument 10 includes a handle 4 for rotating surgical instrument 10 around longitudinal axis X-X passing through shaft 3. At distal end 2, surgical instrument 10 includes a working head
- 20

5 having a leading end 6 and trailing end 7. Leading end 6 includes a tapered leading surface 8 at the leading end 6 of working head 5.

FIG. 2 is a side view of the surgical instrument 10 of FIG. 1 rotated 90 degrees around axis X-X and FIG. 3 is a perspective view of working head 5. As illustrated in FIG. 3, working head 5 includes a blade 9 having a first cutting edge 11 and a second cutting edge 12 extending substantially from leading end 6 to trailing end 7. However, blade 9 need not extend completely between leading end 6 and trailing end 7. Leading end 6 can also include a collecting element 15 having a tapered distal tip 16 facing away from the leading end 6 and an opposing collecting surface 17 facing toward the leading end 6. In the illustrated embodiment, collecting surface 17 includes a first collecting surface 17a and a second collecting surface 17b. Although preferred, collecting element 15 does not need to be present in an instrument of the invention.

FIG. 4 is a transverse cross-section view through line 4-4 of FIG. 1. As illustrated in this view, blade 9 has a serpentoid or "S" shaped configuration in cross-sectional view. Thus, blade 9 includes a first face 21 having a first concave surface 22 and a first convex surface 23. Blade 9 also includes a second face 25 having a second concave surface 26 and a second convex surface 27. In the illustrated embodiment, first cutting edge 11 faces in the same direction as first concave surface 22 and second cutting edge 12 faces in the same direction as second concave surface 26. Blade 9 of working head 5 also has a height dimension H, a width dimension W that is less than height dimension H and a diagonal dimension D that is greater than height dimension H.

As best shown in FIG. 4, first collecting surface 17a extends from first face 21 over a portion of a region defined by first concave surface 22 at the leading end 6 of

blade 9. A second collecting surface 17b extends from second face 25 over a portion of a region defined by second concave surface 26 also at the leading end 6 of blade 9. In preferred embodiments, cutting edge 11 protrudes radially beyond a peripheral edge 30 of collecting surface 17a. Likewise, in the illustrated embodiment, cutting edge 12 protrudes radially beyond a peripheral edge 31 of collecting surface 17b.

FIG. 5 is a distal end-on view of surgical instrument 10. In this view, it will be appreciated that the tapered distal tip 16 of collecting element 15 can include a distal apex 41 to facilitate passing instrument 10 between adjacent surfaces in a surgical field.

FIG. 6 is a transverse cross-section view through line 6-6 of surgical instrument 10 illustrating blade 9 in relation to shaft 10.

As shown in FIG. 3, working head 5 can also include an indicator arrangement 50 such as markings 51 to indicate the depth of penetration of instrument 10 into a surgical site. The indicator arrangement 50 can include one or more markings that are incrementally spaced (e.g., 1 mm increments) that extend partially or fully around the working head.

Surgical instrument 10 provides for cutting, curetting and/or removing material cut or curetted from a surgical site. For exemplary purposes, use of surgical instrument 10 will be described with reference to an intervertebral disc space between adjacent vertebrae. However, it will be appreciated that other uses are within the scope of the invention. According to the present example, known methods can be used to provide exposure to the intervertebral disc space. An incision can be made into the vertebral annulus and the distal tip 16 inserted through the incision into the nucleus of the disc space. Alternatively, the annulus may have been previously herniated providing an

access to the nucleus. It is also foreseen that the distal apex 41 of distal tip 16 can be forcefully inserted through an intact annulus into the nucleus without first making an incision into the annulus. The longitudinal axis of apex 41 can be passed through the annulus into the disc space in a plane substantially perpendicular to the long axis of the vertebral column.

It is foreseen that a blade 9 may have a diagonal dimension D or height dimension H sufficient to distract the vertebrae adjacent the disc space. Instrument 10 can be inserted into the disc space with height dimension H oriented parallel to the end plates of the vertebrae. Once passed into the intervertebral space, the instrument 10 can be rotated in the direction of arrow 35 around longitudinal axis X-X by turning handle 4. When rotating in this direction cutting edges 11 and 12 are oriented to cut material (such as the nucleus or vertebral end plates) that is contacted by cutting edges 11 and 12 as instrument 10 is rotated. In addition, if diagonal dimension D is greater than the height of the disc space, during rotation, after cutting edges 11 and 12 contact the end plates of the vertebrae, blade 9 can also cause the end plates to distract or be forced apart from one another as the diagonal dimension D becomes oriented parallel to the long axis of the spinal column. When rotated in a direction opposite to that shown by arrow 35, the rounded corners at the ends of diagonal dimension D can still provide distraction of the vertebrae when the diagonal dimension D is oriented parallel to the long axis of the spinal column, but cutting edges 11 and 12 will not be oriented for cutting.

Thus, rotation of instrument 10 in one direction provides for cutting or curetting material. During rotation, the material cut can be stored along first and second concave surfaces 22 and 26. Specifically, the cut or curetting material collects along concave



surfaces 22 and 26. If a collecting element 15 is present, removal of the cut material from the surgical site can be facilitated by collecting surfaces 17a and 17b of collecting element 15. When surgical instrument 10 is removed from the surgical site, such as an intervertebral disc space, collecting element 15 facilitates removing the cut or curetted material from the surgical site.

From the foregoing detailed description and examples, it will be evident that modifications and variations can be made in the devices and methods of the invention without departing from the spirit or scope of the invention. Therefore, it is intended that all modifications and variations not departing from the spirit of the invention come within the scope of the claims appended hereto.